

DAYLY PTY LTD
79 George St., Ground Floor Parramatta, NSW, 2150

For information contact:
Clare Gibson
(450) 829-774
Clare@yourdayly.com

FOR IMMEDIATE RELEASE

January 19, 2023

SAVE YOUR BUTT BY HEALING YOUR GUT IN 2023
DAYLY Gut Health: The New Year's resolution you'll actually want to keep

SYDNEY – Jan. 19, 2023 – Everyone's New Year's resolution is to improve their health. But exercise, diets, and juice cleanses are a big commitment and only part of the solution. Health starts with a balanced gut microbiome. So, this year, save yourself the hassle and a few trips to the toilet by focusing on your gut health with our all-natural, 4-in-1 DAYLY Gut Health support.

DAYLY Gut Health promotes a balanced gut flora and targets the root cause of an upset stomach. Don't have digestive issues? No problem. Our gut health supplement is intended for everyone because it supports overall digestive health and wellness. It can be added to a variety of drinks like smoothies and milkshakes, making it an easy New Year's resolution to keep.

"Gut health is the foundation of overall health and wellness," said Clare Gibson, Director of DAYLY. "It plays a crucial role in regulating not only our digestive system but also energy, hormones and even weight management. DAYLY's all-natural, 4-in-1 gut health supplement is designed to target the root cause of digestive issues and promote a balanced gut microbiome, making it an easy and effective way to improve your gut health and overall well-being."

DAYLY Gut Health is formulated with all natural ingredients including nutrient-rich superfoods like Curcumin, Camu-Camu, and Liquorice Root. It supports overall digestive health and wellness by rebuilding the gut lining, balancing gut bacteria, reducing inflammation, and promoting the growth of healthy bacteria. A healthy gut is key to overall health because it regulates metabolism, energy, and weight management.

According to Almarino et al., 2018, 1 in 2 Australians experience digestive upset at least once per week, making gut health a prominent issue in the country. DAYLY's goal is to improve people's gut health to make their lives a little less inconvenient. Try DAYLY Gut Health as your New Year's resolution to start your journey to better health today! It's available in the original Natural flavor as well as Salted Caramel online at www.yourdayly.com.

About DAYLY

DAYLY is all about helping people with gut problems live better. Whether you're hampered by problems like IBS every day, or you have the occasional fling with gas and bloating. Every grain

DAYLY Gut Health, 2

of powder we produce is designed to ease your discomfort so you can get past that “urgh” feeling sooner and get back to living.

###